



On behalf of all the HIV&Me participant schools, Regency Foundation Network would like to extend a big **THANK YOU** to all our partners for their contribution to HIV&AIDS education & prevention.

2008—2010 Reach: 397 schools

- HIV&Me schools: 297
- 100 schools in reinforcement program
- Educators trained: 1818
- Learner reach: 68000

2011 Program: 181 schools scheduled

- 95 new schools
- 86 Schools in reinforcement program

60 additional schools requiring partners

HIV&Me Partners

AngloGold Ashanti; Clientele Life; Coronation Fund Managers; Edcon; Eskom; Harmony; JD Group; Mango; Nando's; Nedbank; Nestle; Rand Water; Sasol; SC Johnson; Shell; Tongaat Hulett; Unilever; Value Group; WBHO; Xstrata

“We are responsible” A message from the South African National AIDS Council

Article Sunday Times 28 Nov 2010

For World AIDS Day 2010 The South African National AIDS Council (SANAC) launches the **“We are Responsible”** campaign to encourage collective responsibility and a spirit of working together to take responsibility for our sexual behaviour and the behaviour of others around us.

By regular testing for HIV and TB, and by inspiring others to do the same, we can influence and encourage healthy lifestyle choices.

Conversation in our homes, communities, workplace and places of worship will ensure meaningful contributions to the development of the governments next National Strategic Plan.

SANAC call on all sectors of society to interrogate our role in addressing the epidemic & demonstrating a collective responsibility in HIV&AIDS response.

In line with the **“We are Responsible”** campaign, **HIV&Me** has launched the **“Family Support Program” (FSP)** designed to enable more effective family communications by providing parents with the skills to create a safe, open, trusting and supportive environment. The program builds on the school based intervention and assists parents in developing more open relationships with their children, thereby facilitating the disclosure of HIV status, be it parent to child OR child to parent.

The program will contextualise the schools based intervention by addressing the impact of cultural barriers, the fear of stigma towards both parent and child, the nature of trust, and the lack of appropriate knowledge on HIV&AIDS prevention and management.

Program Outline

- HIV&AIDS transmission, prevention and management
- The emotional aspect of lifestyle diseases
- Communication skills to enable disclosure
- Managing an HIV+ family environment
- Nutrition that benefits ARV therapy
- Suicide and HIV

**Our Actions Count.
WE ARE
RESPONSIBLE**

“When stigma starves a child” Article Sunday Times 28 Nov 2010

In a remote village in the Eastern Cape loved ones are buried in haste and shame leaving children without the means to register life sustaining welfare grants.

The Shame of AIDS has left Nobahle(22) her daughter Onke(2) and her siblings Vumzi(17), Melsi(14) and Mnoneleli (8) , who is mentally retarded, destitute. Their father lies in an unmarked grave with no record of his death. Without official documents they could not get child support grants. Initially they lived on their grandmother's state pension but when she died they had nothing. To survive they had to beg for plates of food from their neighbours until they received a grant equal to R20 a day for the 5 of them. Nobahle and her siblings have barely spoken of the illness that ended their father's life. **There are about 280 000 child headed families in South Africa, most are destitute.**



HIV&Me Educator Testimonials

“Since teaching HIV&Me have you noticed any changes in your learners behaviour?”

- Through discussions and debates that are held during teaching times, I noticed a great improvement in their behaviour. Some talk openly about dating and the dangers of dating older men for material things. Even the rate of teenage pregnancy has dropped. We also used to experience graphics in their toilets and even that is reduced.
- Learners are no longer discriminating other learners for the way they look. For instance if you are thin - you are HIV+. They now understand the spreading of this disease and how they can prevent themselves from being infected.

Educators, Lukhanyo High

“Since teaching HIV&Me has anything changed for you personally?”

- I view HIV&AIDS with a positive mind.
- Yes dramatically, because I can address the problems concerning HIV and also am involved in a group which addresses problems of orphans and teenage pregnancy and HIV&AIDS. On a practical level it has made me very much more informed and able to pass on the message.

Educators, AB Phomokbe High School

HIV&Me Learner Responses

“If a friend or family member tells you today that they are HIV+ how would you respond?”

- I would tell her to stay strong and that I support her. I would encourage her to eat healthily. I would bring her closer to me and show her that I will love her. *Learner, Kokolesi School*
- I will react normally because in our household I am living with an HIV+ person and there is nothing to be scared of. *Learner, Kgothlang Secondary School*
- I will react cool but I will advise him that he must go to the clinic and ask for ARVs and that he must make sure that he uses protection when having sex so he cannot pass it on and that he must tell his partner that he is HIV+. *Learner, Zuurbekom School*

“If your boyfriend asks you to have sex with him, what would you do?”

- I would simply say NO! and that NO does not mean yes.. And if he does not want to hear me out we would rather leave each other because we are too young and not very matured to be having sex. *Learner, Lukhanyo High School*

